# SEX IN THE FORBIDDEN ZONE



MORAL LEADERSHIP TRAINING

#### **DEFINITION**

- SEX IN THE FORBIDDEN ZONE:
- "Sexual behavior between a man and a woman who have a professional relationship based trust, specifically when the man is the woman's doctor, therapist, pastor, lawyer, teacher, or workplace mentor."

Rutter, "Sex In The Forbidden Zone

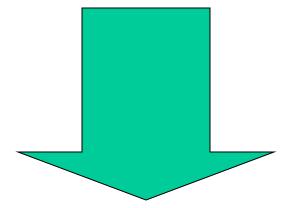
### Terms:

- Boundaries
- Sexual Behavior
- Sexual Invasions
- Sexual Fantasy
- Abuse

- Power
- Trust
- Psyche
- Wounds
- Transference

## Relationship Of Immeasurable Value

The Psychological Heart of the Forbidden Zone



- Inner World of the Psyche STRONGLY Supports
- Forbidden Expressions of Sexuality
- DIFFERENT for Men and Women

## Immeasurable Value For Woman: New Possibilities

- Feeling of Hope
- Parent-Child Themes:
- Injury From Childhood
- Problems With Intimacy:
- Symbols of Sex Act
- Feminine Capacity for Emotion and Sexual Containment

# Immeasurable Value For Men: Sexual Healing

- Healing a Wounded Sense of self
- Masculine Myth of the Feminine
- Woman's Deference

- Woman's Special Power
- Woman's as Dark and Destructive

### Wounds Of Woman

 Physical and Psychological Boundary Invasion

 Profound Childhood Loneliness

Exploited Compassion

Devalued Outer Potential

### Results of Betrayal

 Sexual Betrayal in the Forbidden Zone is Similar to Rape and Incest

• "There can be no such thing in the adult sense as consenting to a sexual act by a woman with a man who has power over her."

• Rutter, "Sex in the Forbidden Zone."

#### Wounds Of Men

- Wounds from Culture
- Quest for Intimacy
- Men's Overdependence on the Feminine for Intimacy
- Mother-Son Wounds

# Women In The Forbidden Zone: Stages in the Betrayal of Hope

- Fantasy of Hope
- Seeking Connection
- Need to Feel Special
- Dissolving the Professional Boundary
- Feeling Ambivalence
- Moment of Sexual touching: Paralysis

#### Men In The Forbidden Zone:

#### Snapshots of a Man Crossing the Boundary

- I'm Looking Her Over.
- Is She Interested In Me?
- What Would She Be Like To Touch?
- I Can't Stop
  Fantasizing About
  Her.

- I'll Ask Her About Her Sex Life.
- I'll Ask If She Fantasizes About Me
- I'll Close The Physical Space Between Us.
- I'll Become More Overtly Suggestive To Her.

#### Men In The Forbidden Zone:

Snapshots of a Man Crossing the Boundary(Continued)

- I Think She Is Being Seductive Toward Me.
- I'm Fantasizing About Exactly How To Seduce Her.
- Considerations:
- Can I Get Away With It
- If It Feels Right It Can't be Wrong
- Final Deep Inner Voice Conscience

- All Restraints Gone:
- Decision To Go Ahead
- Arranging A Meeting
- The Act Itself: You Can Turn Back Anywhere Before The Point



#### Be Honest With Yourself

- Acknowledge The Importance Of You Fantasy
- Acknowledge That
   The Sexual Abuse Of
   Trust Is Wrong
- Take Stock Of Your Own Problems
- Realize The Damage
   Done To Women

- Help Your COworkers
- Uphold Laws And The Ethical Code Of Conduct
- Get Help from Somebody
- Don't Be a Silent Bystander

#### Hold Back

- Out Of Professional Responsibility
   To Protect
- Out Of Moral Choice
- Out Of Fear
- Out Of Service To Your Inner Self

### What Can You DO?

- Always Counsel With A Buddy
- Keep Relationships
   On A Professional
   Level
- Recognize Your Own Weakness and Wounds
- Talk To Someone You Trust

Be Open To The Warnings

- Stop Yourself When You Recognize The Stage
- Ask To Be Moved
- Spend Time With A Loved One