

and physical exhaustion.

If you are afraid that you do not have what it takes to meet life - you become moody and quarrelsome and self-conscious. You develop fear of other people and their opinions of you.

One man said that the outstanding emotion that he found in the study of people was fear. Many times it was unreasonable. Often it was vague. Sometimes formless but it was there.

Now if you will make a right turn on red about this matter of fear, the Bible has a whole lot to say about this. I John 4:18. There is no fear in love - but perfect love casts out fear. Fear hath torment.

Who of us has not known the torment of fear. John reminds us that if we are all filled with love - there can be no fear. Because love will evaporate fear.

Jesus had something to say in the great sermon on the mount. He says, don't worry and keep saying what shall we eat, what shall we wear. This is the way the pagans are - they are always looking for. Now your heavenly father knows what they need and what you need. Set your heart on his kingdom and his goodness and all of these things will come to you as a matter of course. Don't worry at all about tomorrow. Matt. 6:31, 34. Philip gives a beautiful translation of this -

Phil. 4:7 - And the peace of God which passeth all understanding shall keep your hearts and minds through Christ Jesus. And God's children ought to live this way.

You make a right turn on red - and what you do is, you leave these things in God's

care. One cannot cease being anxious if he gets up in the morning and says, well, I'll make a resolution today that I am going out and through the world today without worry. Now Jesus said the thing to do when you come to this red light - set your heart on his kingdom and his goodness. You must direct your thinking towards Jesus Christ and his kingdom. In making the right turn. The things of God, must have priority in our lives. We center our life in Christ and we begin to find a new way of life. And we begin to put our trust in him. Our lack of trust is actually the cause of our anxiety.

When you look within your own life for the answers to the problem, we trust our own resources - for our own physical and financial needs. But in a sense, we are bankrupt. We are inadequate. If only we were trusting in God for our needs - these anxieties would cease. Because our trust is an adequate source.

Eph. 3:20 - He is able to do exceedingly abundantly all we ask or think. Now our dependance is upon God and his word. We know that to them that love God, all things work together for good. Even to them that are called according to his purpose. Rom. 8:28. Now the rain and the sunshine, the snow and the ice, and this cold weather we have been having down about zero is going to fall on the unemployed and the employed. It is going to fall on the rich and the poor and all are going to be touched by it. But our faith in God is this - God who notices when a sparrow falls to the ground and knows exactly the number of hairs on our head. He is interested in us.

Before Jesus went back to Heaven, he told his disciples, lo, I am going to be with you always. And we are told in I Peter 5:7 - let him have all of your worries and cares for he is always thinking about you and watching everything that concerns you. That is a holy thought. And that is making a right turn on red. And you can recover from worry. No wonder Paul wrote to Timothy - God hath not given us a spirit of fear but of power, love and a sound mind. 2 Tim. 1:7.

Jesus Formula for Peace of mind - Young man, a hit - health, Beauty, talent, power, riches,  
fame. Showed to wise man, very good, teach one ingredient - pencil - wrote "Peace of Mind"  
young man Joshua Lillman, later wrote Book "Peace of Mind" -8- Sold over million - Principle "No man serveth  
2 masters" - - -

So the first symbol here is fear. Make a right turn on red.

## II. ALCOHOL

Make a right turn on red. Excessive drinking brings problems to the family. Even problem drinkers who are not alcoholics can see that drinking is costing them more than it is worth. You need to replace this drinking experience with something that is better. If you do not make a right turn on red concerning alcohol, Matt. 12:43, 45 says the last state of that man was worse than the first. He was speaking about a man who had an unclean spirit.

Alcoholics do not get better with time. You can sit there and wait for the light to change and get worse. Usually the alcoholics lose their friends, jobs, and family - even his health before he comes to his senses.

A crisis will have to come before he is aware of this.

In Fairfax Country recently they have become so alarmed over the increased drinking among teen-agers. That they, the Board of Supervisors voted 7-1 to ask the Virginia Assembly to raise the drinking age from 18<sup>th</sup>-20. They said that since the 18 year old could buy it in 1974 on - that the drinking age has been lowered and the problem has increased to where children 13 and 14 now have become drinkers and are regularly drinking. They said the adult society is responsible for this. The courts, the police, the officers. This is largely responsible for the increase in teen-age violence, crime, and automobile accidents.

70% of all assaults are made by people intoxicated. 65% of all the murders are blamed on drunkenness.

One fifth of all the problem drinkers at the Regional Alcoholism Centers since 1974, have been under 29 years of age.

Mrs. Gaundy, of India, is now pushing a 12 point program toward prohibition. It was brought forth, and I believe in India and so does our prime minister and others - this is one of the former judges and head men who spoke at a world congress that prohibition is not only desirable but very necessary. According to our way of thinking, drinking is the destroyer of everything good and noble in man.

There are some awful facts that have been released about women drinking. Teen-age girls do more, experts say, in Washington. That 69% up in the nation's capitol of the female high school students in 1974 drank. That the rate of alcoholism is rising. By percentage points since 1968. And he discusses how the heavy toll of abnormality in children born of drinking mothers.

So this message today is - when you come to this red light of alcoholism - you stop and then you right turn on red. And get on the right track.

### III. RESENTMENT

This is another red light that we come up too. It is like a fester. It can turn into bitterness. And if we do not make the right turn on red, if we do not stop - then it turns into hatred. Doctors as well as all others know that from personal experience, the effects of anger and resentment play heavily upon people's nervous systems. Their hearts beat a little faster, their digestion slows

down. They get keyed up and they are ready to fight.

That is why the Bible says in 12:15, lest any root of bitterness springing up trouble you. <sup>11</sup> This is serious - to God. And just a little root established will bring a race riot, or resentment into a man's life.

During the war, service men were taught to hate the Japanese. Also, to hate the Germans. Unfortunately, this happens in our world when there is no war. Men get this resentment built up within them.

It is wise to make a right turn on red. Solomon put it Prov. 15:17 <sup>11</sup> - better is the dinner of herbs where love is, than a stalled ox where hatred is therein. He said you'd be better off eating vegetables for dinner in an atmosphere of peace than to have the finest steak in town and be in the middle of strife. <sup>11</sup>

How many of our meals are spoiled in our families and in our homes - because those around the table have some kind of resentment towards somebody else.

In the Old Testament, Lev. 19:17 <sup>11</sup> thou shalt not hate thy brother in thy heart. <sup>11</sup> Paul in the New Testament, Eph. 4:31, let there be no resentment. No more anger, or temper. No more violence or self-assertedness. No more slander, no more malicious remarks - be kind to each other. Be understanding. Be as ready to forgive others as Christ has forgiven you. Matt. 5:44. Jesus dealt with this. Love your enemies. Bless them that curse you. Do good to them that hate you. Pray for them that despitefully use you. And persecute you.

Perhaps there is someone in your life that you resent or hold resentment against. Maybe one whom you work with, or an acquaintance. How do you love

somebody like that. ~~First~~ of all, we forgive him. ~~Second~~ of all, we become concerned about his welfare and feel a responsibility toward him. Love must begin on our knees because it is through prayer that we forgive. We must repent of our feeling of resentment. The love of God will flow through us to the other person. And then we soon discover that we cannot pray long for a person without changing our feelings toward him. When we pray, God allows us to feel the needs of that person. And develop a desire to help him.

That is the way to make a right turn on red if you are sincere. God says he will help us and show us ways that we can present our love.

A lady once went to a minister to talk with him about a problem of resentment that she had towards her mother. Her mother was advanced in years, the daughter resented her and he asked the lady to join in prayer. She did, and she followed him in prayer, until the minister asked God to help her love the mother. And pray for her mother's welfare and happiness. She would not continue in prayer. Nor say a word. He stated the words over again and repeated them. And again, he said, I asked God to bless her mother. And I just waited. He said it seemed like eternity before the silence was broken, and she burst into tears. And then he led her in prayer again. And when he prayed for her mother, she broke once more. Finally she was able to pray for her mother's healing. She prayed that she would be cleansed from all resentment towards her mother. And later that day when she arrived home, she called him and said preacher, when I drove - I continued to pray for my mother as you suggested. Not only the resentment left but the stiffness of my arthritis in my neck began to leave. I have not only found help for the inside but it has effected my body as well.

There are only two feelings that we can have towards others. Love them or we can resent them.

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And it brought him down to destruction.

#### IV. \* GUILT

This is the last red light that I think we run up to and I think we need to make a right turn. Deep down in many human hearts and minds today, we do not feel pure and right in the eyes of others and in the eyes of the world.

Sir Arthur Cone Boyle tells of a practical joke he played on his friends. The story goes that he sent a telegram to twelve famous people. All of whom were men of pretty good virtue and reputation. And of considerable position and society. The message read - "fly at once, oil is discovered." Within 24 hours all 12 so called men of position had left the country. Guilty conscience evidently.

How many people have come to me and said, my nerves are on edge, I am sick mentally and physically. And after you listen to them talk awhile - the truth comes out. They are battling guilt. They are carrying the burden of guilt which keeps them distressed and affects their physical health.

We all have our pet ways of trying to absolve guilt. Some husbands to cover up a breakfast quarrel come home from work with a box of candy. Or a dozen roses. This of course, is the easiest thing to do. Rather than to say I am sorry - please forgive me.

A business man in order to soothe his conscience, about a shabby deal - gives a large donation to his church.

Other people go to a confessional booth. Simply tell it to a friend in order to get it off of their chest. No one really enjoys guilt. It is uncomfortable. It is disrupting.

There is only one solution to this problem of guilt - and I think the Bible has that. And the Bible says, (make a right turn on red.)

First, Rom. 3:23 - "For all have sinned and come short of the glory of God. We suffer guilt for actual sins committed. Now this is true of all people. And we measure ourselves by God's standards and we feel guilty. We are uncomfortable in the church. Isaiah said, come, "let us reason together. Though your sins be as scarlet, they shall be as white as snow. Though they be red like crimson, they shall be as wool. Isa. 1:18.

1 John 1:9 - If we confess our sins, he is faithful and just to forgive us our sins. And cleanse us of all unrighteousness. The only solution to transgression is forgiveness.

Psalm 102:13 - As far as the East is from the West, so far has he removed our transgressions.

Another thing about guilt is the (condemnation) - we feel guilty because of sin. We have failed God. And we have not accepted God's forgiveness. It is the Devil's business to try to blind us. And he will keep you sitting at the red light overtime. We must beware of brooding over past sins. If we have confessed and asked for forgiveness. Let us know this and not continue to condemn ourselves. To do this, indicates a lack of faith. Paul says, justified by faith, we have peace.

God will help you with your alcoholism. God will help you with the deep resentment that you have that troubles you. And you need to get the love of God flowing through your life. As a healing power. And God will help you with your hopelessness. And God will help you with your guilt today. He will help you to start a new life.

Jesus said that I have come that you might have life more abundantly. God wants us to be happy and enjoy the piece of mind and health. Yes, the Bible gives you the answer. If Lot had taken a right turn on red, his home would have never been destroyed with fire and brimstone. His girls would never have gone for immorality. His wife would have never died a horrible death - if he had taken a right turn on red.

The big problem today is - not the decision of Lot. But it is the decision that you make. It is your decision. It is up to you. Will you accept the new law in Jesus Christ. He initiated this new law over 1900 years ago when he came and died on the cross. And a man right there on the cross made a right turn and Jesus said "today you shall be with me in paradise". And every since that day men and women who have made the right turn on red - when there was a danger, when there was something tragic, when there was some stress - then they found the answer in seeking first the kingdom of God. This is the thing that pleases God and will cure the needs which you have.

*Book: Learning to Have Faith, Dr. John A. Redhead imagines a man with two Buckets, one is filled with water & the other with oil. Both are filled to the brim. You CAN NOT pour the oil from one Bucket into the other because both are full - also, The two would not mix!*

*Now, imagine that one of those buckets is you & the other bucket is God. He wants to pour his forgiveness love into your life, But your life is full of guilt, fear, you hold resentment toward some person & thus you have no room for God! Also, God's loving mercy & your unforgiving spirit will not mix. So, to accept his forgiveness, you must forgive that other person.*