One summer in August when we were again visiting with my Grandfather and Grandmother Read, in Norman, Oklahoma, as we all sat at breakfast, I noticed that Rev. Read did, what I thought was a strange thing. He poured some of his coffee into the saucer and blew on it to cool it off. I asked him what that was called. He said he was "Sassering" his coffee, to cool it off. Never saw that done before....but makes perfect sense! (I researched this and found that Thomas Jefferson did the same thing!) He invited me to try it; but I spilled some on the table.....not old enough yet.