

Intro Summary

6th Century - Gregory divided ALL SINS under 7 heads
Every sin of man can be classified by 7 SINS -
He called them Deadly!

I. Pride - Deadly sin - Prov 16:18
A Formosa, Haughty Heart, Rel, Intellect, Material
B Frustrations

~~the~~ C Fruit - Results - Pharaoh, Neamen, Nebuchadnezzar

II. Jealousy Envy - Cruel as the grave Job 8:6
A Where found B Why great sin C What Bible says -
C How to get rid - Holy Spirit -

III. Anger - Luke 15:25-32
A common sin B Corruption - cause
C Conquest of Anger

IV. Sloth - Idleness Prov 12:24-28
Sow and Reap P. 18:9

V. Envy - Thanks giving Feasting

VI. Avarice

VII. Sensuality

Nov 23 11-2
20-23

1 Pet 5:11 After you have suffered a little while - The God of all Grace
Who calls you to share in his eternal glory in union with Christ
will himself perfect you - + give you firmness - strength - and
A sure foundation - " To him be the Power forever Amen

"Better Homes & Gardens" 2001
6'9" is overweight!

N.W. Nov 18, 2001 S.N. May 20, 79 A.M.

somebody:
Paul said "I Puff out my Body" "GLUTTONY"

(P. Outline is)
Grove Park Aug 13, 89 P.M. - 100
Brunelton Aug 25, 91 P.M. - 100
Lake Drummond Feb. 18, 96 100

Ben Haden, N.V. Knoxville, Tenn - 99 yr. woman wrote "My Boy you've got to much flesh" change your
why are you fat fellows so good natured?
INTRODUCTION: We have to be " " , you see can't either fight or run!"
Father in Life & lose some weight

(Sidney Smith) wrote - according to my own computation, I have eaten and
drank between my 7th and my 70th Birthday, 44 wagon loads more than was good for
me. "

I've heard Women ^{cut pills} talk about fat as Public Enemy No 1 -
I'm a weight watcher - say by Dr - Run on grapefruit diet, fruit salad,
protein; carbohydrate; liquid, & a Banana diet -

(We) are not amiss when we point out, whether life is destroyed by excessive
drinking or excessive eating. ~~Act of~~ Eating too much - too much work -
inversion machines - Byegone, try lose weight - Have eat hot fudge Sundaes
to get strength enough to get home!

Dr. E. F. Prettyman was chaplain of the U. S. Senate. He gave a version of
the conversion of Lydia. He said that after her baptism, she asked Paul and Silas
what she could do to help the good work along? They suggested, that she go and
get dinner for them. And said Dr. Prettyman, the women have been preparing meals
for preachers ever since.

Ex. Conference 1870 - a Bro. from N.Y. state home Col. John R. Copeland - Not Eat any supper
Breakfast wife prepared fine cake of corn bread - passed food - He quit first, took the whole
"pone" leaving not a morsal for any one else. Family made breakfast without "bite" of bread.

You have heard of people expressing the idea - I have eaten so much, that I
am now unable to talk. I remember reading about an after-dinner speaker, who had
been talking about 15 minutes and he said, after having eaten such a wonderful meal,
I feel (if) I had eaten another bite, I would be unable to talk! From the far end
of the table came an order to the waiter, give him a sandwich.

Have you ever had Bros size get larger & larger or shrink by cleaners?
I don't know why I gain weight, "eat like a bird" - a 500 lb. Canary!

Puffing to get up steps -
Now we are dealing with something today that defaces God's fairest handiwork.

And it causes many a victim to fall in the mire.
Begin to eat in secret - chips, 4 sweets, foodaholic - Clean your Plate Club

There are many situations - even in ancient history. There was a picture of a monk and at a distance, it looked as though he had a prayer book layed open on the table before him. But when one takes a closer view, he sees that it is the monk's platter and wine cup. And simply, that picture was many times painfully true. He was really not absorbed in study and prayer - but he was a victim of gluttony.

*Mark Sauer; Houston Veterinarian says page with bulging wastelined
There is a grossly overweight man, Englishman overweight
walking on English Bulldog as round as he is"*

Eating is something that is a habit. Back in 1933 jobs were as scarce as hen's teeth. And even those who did have a job, were barely able to make a living. And provide food. During those days, a story got out about a man with a large family. He was hired for a sweeping job in a mill. The other men in the mill noticed that the new man always kept to himself, especially at lunch time. Every day he took his paper sack off beyond the machinery to eat. One day the men decided to satisfy their curiosity, as to why the stranger would not eat with them. They sneaked behind the poor fellow, and found him sitting on a box, eating a lunch that consisted of nothing but cold potato peelings. During his long unemployment, his family had become destitute. His children on the verge of starvation. Though they had little money - it was still enough only to buy a few potatoes. He insisted that his family eat the potatoes. And save the peelings for his lunch. He didn't know, nor did they, that the peelings contained real nourishment and vitamins. His sacrifice for the sake of his family was making him stronger and a healthier man.

Malnutrition kills 17,000 Each day

I think sometimes we look at the diet placed out before us. We say, well Lord, everyone gets the inside of the potato. And all I get are the peelings. Now we need to learn that our judgement may be feeble often, even when it comes to the subject of food.

Eating sometimes is very erksome. There are people who think that eating goes along with mush and melody. Old Bill Nye said, that the day is not far distant, when music and mastication will march down through the years together. The baked bean chant and the mush and milk march, the sad and touching punkin pie refrain. The gay rocking ox-tail soup gallop, and the melting ice cream serenade, will yet be common musical names.

the chop sticks - keep them!

one man made a Bay Window with a fork and knife!

I want us to take this subject today, under three heads, and see what kind of truth we can squeeze out of this orange.

First, of all, greedy. Second, guilty. And third, guidance.

I. GREEDY

There are people who weigh as much as 300# and they continue to eat more and more. And there are some people who can eat an entire pie. And when someone mentions losing some weight, they give a hardy laugh, and put an extra pat of butter on a piece of toast. What they are doing is actually "digging their grave with a knife and a fork." I think a person like that, the Bible would say is greedy and is practicing gluttony.

1976 YANKEE Stadium Renovated - space for 9,000 seats were lost! When the width of seats increased from 19 to 22 inches, to account for fans larger posteriors!

During the recent years, our American standard of living has been rising. Most Americans are now living at ease with more leisure time on their hands, and much more food to eat than any people in the history of the world. As a result, we find that materialism is creeping in. And the matter of cults, and the wrong philosophies

about prosperity and planning. It may be coming a public enemy number one. Which today we think of ease and luxury. And we hold the philosophy that men can really live by bread alone.

Appetite is our God. The merchandise counter spreads it out. And the creed is that there is a plenty. It is really all of the comfort that we need. Economic prosperity. And we indulge in one fleshly appetite after another.

Greedy gluttony is one of the seven deadly sins, and has been placed by the church fathers along with pride, envy, and impurity. It is something that is committed by most of us. But few of us, will ever mention it.

King Henry VIII tackled a whole leg of lamb with both hands & an open mouth!

This, I would say, is one of the prevalent sins among Christians. Although there are no laws on the books of our land that forbid gluttony! It is pointed out in the Bible.

Now people are going to point out gluttony - are quick to condemn other people for this sin. They can readily see that here is something in the other man. And they remain ignorant to the over-indulgence in their own lives. It is easy for a man who stuffs his body with needless delicacies to look at a man who over drinks and to say with the Pharisee "Lord, I thank thee that I am not as other men. Extortioners, unjust, adulterers, or even as this Publican." Luke 18:11.

It is easy for a man who is a slave to his stomach, to condemn the man who is

a slave to drink. But in God's sight, we must consider that sin is sin.

Somebody says, why is it - that the things you enjoy most, are always sin. That question was asked in a favorite American play. And the idea goes on, to lead to confusion as you survey all of the earthly advertisements, plays, and conversations. That here is the body. And the quest for this kind of enjoyment among man.

Math 11:19 Eating with Publicans & Sinners -

Luke 17:34 And certainly as it is contrasted with our religion, religion does not seek to reduce our enjoyment, but to improve on it.

Pharisee - Contrast John Baptist Eating & Jesus - Behold a gluttonous Man, & a winebibber, & a friend of Publicans & Sinners.

But here is a man who blames the Christian religion because he shamefully uses his body.

We are talking about gluttony and greediness - why is it that we over eat. This explanation should help us - why some of us continue to eat too much. Even though there are Doctors that tell us that we are hurting our health. It may be leading to our death. Well, we began overeating as a means of satisfying some deeper, inner craving. Food does not fill our emptiness. Tasting and eating seem to be necessary. But it is this way - we can stand our emptiness, and our spiritual confusion when we are eating better, rather than when our stomachs are empty. It is a well-known fact, among Doctors, that there are some people who suffer from obesity. With few exceptions, they eat because of some neurotic need. Which has to be satisfied. And they agree, and they repeat warnings - you are digging your

grave with your teeth. Literally, they are so dissatisfied with themselves and with life, that they really don't care.

Maybe the real love of God is missing within them. And they are greedy to the point, that they want increasing amounts of rich food or stimulating drink.

Now all of us know about this principle on a more or less rational scale. We are far more likely to eat too much, or to give way to our pet indulgence, whatever it may be. The point is, that in our diet, we need to learn something about the good pleasures of life, in their time and in their place. Why, every activity of your body can become a hurtful pleasure.

Now this matter of being greedy, is that you are out of tune somewhat. Like that man who had an old 1915 model Ford. After days of working on it, and putting in new piston rings, he finally cranked it up. And you will never forget what happened. The motor started with all of the noise, one would ever want to hear. Backfiring, coughing, and spitting. There was a dog underneath the car sound asleep. With the first backfire, he came out from under and sneaked into the distance - howling in terror. After the excitement had died down, the man got his friend, who was a real mechanic to diagnose the trouble. What was the matter with the car, why he said, it is all out of time. The spark hits the cylinder head at the wrong time, to explode the gas in the cylinder, with the proper force. You will have to put it back in time.

Now like that ancient car, many people, sad to say are out of time. They are

out of tune with reality. And they have the desire, but somehow, their desires are hitting the cylinders at the wrong time, for the wrong purpose. And the result is gluttony - and it is going to mean future calamity for them.

This greedy attitude that has developed is something like the little moran who rushed into a barber shop demanding a haircut but fast. Well, alright, sit down said the barber. The little moran refused ^{take Hat Off} and once more, excitingly demanded a haircut. Why don't you take your hat off and sit down. Because, said the little fellow, (I'm in too big a hurry.) Now if we are in too much of a hurry to do things that are necessary, to take care of the passions and the appetites of the body, then we are missing really the fruits of the spirit.

Woman, Overweight wanted horse 50 lbs. Was told horse back riding do it! - Rode horse 2 weeks - Not loose 1 lb. - but the horse lost 50 lbs.

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II. GUILTY

The second thing, I'd like to explore on this matter of gluttony - is that it is a sin and we are guilty, before God. Dr. Kitto tells us, that in the East, men will now eat almost an incredible amount of food when a rare opportunity offers itself.

Can cut 25% of your life off with overweight.

We know that we eat to keep ourselves a live. For the daily tasks, it is a necessary act. But it is also a pleasure that becomes a temptation. Medical science now says that a large portion of people take more to eat than is really necessary for their good. He especially says this is true in later life.

A preacher once was preaching on the woman of Samaria. And one of his points was

-- that she was a (fat woman) He explained it this way. He said, she was a woman of some area."

*Ernesto: Billy Graham mentioned Gluttony, looked around at certain people on the team and said on a diet - Got a laugh - Gladys Wilson round as Barrel
Ethel Watson - 375 lbs - told her chicken liked "go get me some of that stuff - not mean a slice but get me a "chuckpot" She would nibble on that for hours.
She prayed, realized Fat Barrel for her, H.S. helped her discipline & lost 200 lbs -*

First, it puts the material thing first. Over-indulgence is a deadly sin because

Phil. 3:19 - whose end is destruction. Whose God is their belly. Whose glory is their shame. Who mind earthly things. Here gluttony is spoken of as materialism. Those who mind earthly things.

So the philosophy of materialism, is gluttony - and is a sin. It scoffs at righteous restraint. And what it says is - eat, drink, and be merry. For tomorrow we die. It makes no room for God, it has no consideration for eternity. It lives for the present. And it says, you live only once - so live it up.

Now Jesus gave us an illustration of a man who followed this same guilty pattern. In his prosperity. Luke 12:18-19 - he said this, I will tear down my barns and build greater. And there will I bestow all of my fruits and my goods. And I will say to my soul, soul, though hast much goods layed up for many years. Take thine ease, eat, drink, and be merry. Now what he said, and what he did, is just what we are doing today. Take it easy - eat more, drink more, enjoy life more. This is the same thing that comes to you on radio and T. V. morning to night. It is on comforts, the satisfaction of your appetites. You see this when you read a magazine. Everywhere we are encouraged to easier living - more and better food. With the things of the world.

Temperance, restraint, control are forgotten - as we rush on into plenty.

So, we think that this is the way to peace and prosperity - and even to Heaven.
How easy it is in this day, to fill your mind with rubbish.

People fill their stomachs with trash, and they starve their soul.

Deut. 8:3 - God said, man shall not live by bread alone. But by every word that proceeds out of the mouth of God.

A second thing, is the reason why we are guilty - is that it a proversion of the natural appetite. This is the way we distort all normal desires. We can take love, and we can turn it into lust. We can take the normal thing of hunger and turn it into greed. Prov. 23:21 says, for the drunkard and the glutton shall come to poverty.

The matter of fleshly appetites should not receive the first importance in our lives. Jesus said, take no thought - saying, what shall ye eat or what shall ye drink. But seek ye first the kingdom of God. And his righteousness. All of these things shall be added unto you. Matt. 6:31-33.

Most people disregard the warning of Jesus about fleshly appetites. Too many people spend their lives in the pursuit of the material. And they are always in a hurry, and then, in the last moment - we cry out, God have mercy on my soul.

Now I want to ask you, is it fair - is it intelligent for you to wait until

the hungry, clothes for the naked, and water for the thirsty. My little children, let us not love in word neither in tongue - but in deed and in truth. But the shame of this hour is that many of us, clutch the materialism, gluttony, and drunkenness. And God needs to wake us up, to this which is sin.

There is another way to look at our guiltiness - in that this sin defiles the temper of the Holy Spirit. Your body was not created for gluttony. And to abuse it was a sin. Your body was created for God himself. I Cor. 6:19-20. "Know ye not that your body was the temple of the Holy Ghost." Which is in you - which you have of God. And ye are not your own - for ye are bought with a price. Therefore, glorify God in your body, and in your spirit, which are God's. Now any sin against the body I take it, Paul says, is a sin against God.

*"Don't eat so much," said the father to his spitting image.
"You'll make a pig of yourself, do you know what a pig is?"
"Yes, Daddy," replied the son. "It's a hog's little boy."*

There is an awful record of how this sin has taken hold in the world. And we are guilty before God. *STRANGE THAT 3 SQUARE MEALS MAKE ROUND PEOPLE!
A BRIDLE IS USED TO KEEP FIGURES FROM TELLING THE TRUTH!*

The Romans before the fall of Rome had three major sins. One was gluttony. Another was drunkenness. And another was immorality. They dug their graves with their teeth. They killed themselves by wrong relationships. And they embalmed themselves with alcohol. It is said that their banquets were a common sight of men and women rushing to the windows to reject the contents of their stomachs. And then they would return to the banquet table for further eating. No individual, or nation, which is given to drunkenness and gluttony - can expect God to bless it. Rome fell, she was overstuffed in her body - but she was starved in soul.

There were millions of people who had appetites and greedy souls. They were like

dumb animals. They cast aside all reason, and all common sense to eat until they died.

Many people are like cattle - turned into a fresh clover patch. They eat until they cannot eat another bite.

Guilty Glutton Brought to Judgement (Leat. 21: 18-21) 1/20
(Stoning) Son is a glutton - brought out his city - stone

I Tim. 5:6 - "She that liveth in pleasure is dead while she lives." And this is an unbalanced way of life.

James 5:5 - "He that is in pleasure on the earth & been wanton; ye have nourished your hearts, as in a day of slaughter"

And this produces a great deal of mental and spiritual stress - while people starve themselves spiritually.

Two Jews old story - disagreement - one man's cat ate H.P. of Butter belonging to other - Went Rabbi - He needed the cat H.P. ! Then the other bid where is cat?

Did you know that your body demands food, water, and air - and the things of this earth. And there is nothing sinful about your natural desires. However, if you cater to these appetites and neglect the needs of your soul, then you are guilty of gluttony.

Ady Litter N.C. - Tomb Stone - a young man drowned on the narrow shore of Connecticut sound - his wife was between 7 & 800 lbs - he could take a boat by the ropes & draw it from the beach to his house over 400'

There was the Sunday boy on Seaboard Ave, traveled circus, gave chair, bed, clothes, & visited him on one occasion 7 lbs of giant - How could boy get so large?

III. GUIDANCE

Now as we look for some guidance to handle the temptation of the table we can discover that the eye is best pleased by diversified landscape. Man's appetite seems to be gratified by a variety of food. One single dish is not enough for a man. But he wants some dainties. Did you know there is little danger of eating too much when bread is the only thing you have on the table. But when you like the rich man, who was given to feast every day - then the table becomes a real source of temptation.

And a place of transgression.

The prodigal son is an example for us in the matter of guidance. He took up materialism. Luke 15:14 - and when he had spent all, there arose a mighty famine in the land. And he began to be in want. That is, the materialism had played out. Gluttony had to come to an end. And he had to get rid of his pride and his impurity. They really hadn't satisfied this boy because he had been going in the wrong direction - he had to turn and come back to God. That is with guidance.

The thief on the cross, represents all of human-greedy souls. He had lived selfishly as a murder. But he wanted to be repentant - and he said to Jesus, Lord, remember me. And Christ was ready to save him in that one act. Today, thou shalt be with me in paradise.

There are people today, who live selfish, Godless lives. And they are thinking, what can I do about it. How can I handle the past and change the future? We can come by repentance and by simple faith. And here is the matter of temperance and restraint in the days ahead.

Woman, Cherepakh, lost 77 lbs since 1978 By Hypnosis!

Billy Graham said, one day his telephone rang, during a crusade. And a woman said to him - I have a sin that haunts me day and night. "I cannot get victory. And yet I have tried a thousand times. She said to him, I am guilty of the sin of gluttony."

He said this was the first time that he had ever heard of anyone come to him and confess that they were guilty of gluttony. Of course, he had had many people

The Modern Kitchen CAN Never Replace The Old-Fashioned Cook,

laughingly tell him that they were overstuffed. Yet, they did not consider it as a sin. Now the Bible gives us guidance and is specific in stating that this is a sin. And that this was placed as one of the seven deadly sins. And as those who came to Jesus and found their victory over gluttony. So you must come in the same way.

A large woman stood in church & sang "Love Lifted Me" & A SKINNY MAN "Next to her" "It Took A Miracle"

Very briefly, note this Scripture that we have been considering this morning.

V. 20 - He describes those as riotous eaters - this is something that ought to give guidance. Are you a riotous eater. Mash Potatoes + gravy, corn on cob - baked butter -

Daniel - made up mind not eat food - Daniel - 1:1-17 (1:8) not eat meat

V. 21 - He says, the glutton shall come to poverty. And I think that he is talking about more than material poverty - I think he is talking about spiritual poverty as well. Shiffon + Amhar in same category -

Bring me Two poached Eggs on Toast + Mince Pig with plenty powdered sugar. Water to cook - Adam + Eve on a craft it think of everything + let it come in a snow storm!

V. 1 - He gives you guidance for table temptations. When thou sitteth to eat, consider diligently what is before thee. Here is a rich table with all of his bounties and he gives you guidance. So consider what is before you. Take into account. Remember. Gluttony is a sin. And then, V. 2 - He gives you some definite instructions.

Francis Hunter - el is good looking whistpool boxer + lost 30,000 lbs & successfully managed to gain them all back! Khan - Not how much el can eat - given God my life, Appetite -

V. 2 Put a knife to thy throat if thou be a man given to appetite. Now this is real sharp guidance here. In fact, it is very picturesque. He says, put a knife to your throat and cut off from this sin.

U.S. Navy, May 1979 launch a watch on waistlines Height & weight - chance of promotion limited by overweight - treatment sessions, Hospital admit them "Shipshape" 6' 203 lb and 5'5" 165; 5' 140 lbs - Trim obesity -

V. 3 The last guidance is - be not desirous of dainties. Cut off this desire. Replace this desire with one that is led by the Holy Spirit. All the excess of this sin,

he says, treat your body as a temple of the Holy Spirit.

A Healthy Appetite Matt 5:16 Blessed are they which do
Hunger & thirst after Righteousness

Stab gluttony, take some strong measures to deal with this utmost peril.

Johns - Luke 12:23 The life is more than Meat, &

The Body is more than Raiment
Rev. Allan Lumby N.D. - I told of mama & daddy Beach yr's ago, 1st trip, Mama was
Plump - Not familiar Ocean - Small wave - Beach turned - Big wave
Knocked her down, she fell over & her teeth flew out - She
softly diet rest & youth!

Paul - 1 Cor 9:27 "I lay under my body, &

Bring it into subjection:

lest that by any means, when I have preached
to others, I myself should be a castaway.

Every bit from
Purity - you are
overriding just work
for Jesus sake

10:1-4 - all-absorbed - did eat spiritual meat - Spiritual Drink -

They drank of Spiritual Rock that followed them -
& that Rock was Christ!

Jabez 1 Chron 4:9 There was a man named Jabez -

He was a most Respected Honoured member of the Family -
His mother had given him the name Jabez - Because His Birth had been very
Painful -

V.10 Jabez Prayed to the God of Israel - "Bless Me God -

And give me Much land. Enlarge my Coast -
Be with me & Keep me from anything EVIL, that might cause me pain."

God gave him what he prayed for!!

" " " a great spiritual influence & Power - Enlarged usefulness

God Blesses our Nothing-ness -

True story Mother Theresa had a dream. Build orphanage
Told her superior, I have 3 pennies & "from God"

child here - with 3 Pennies you can do nothing! She smiled, with
3 pennies & God I can do anything! He multiplied it into abundance, God chooses to begin
with what we have!

My Prayer / Break Thou The Bread of life, Dear food to me,
As Thou didst break the leaves beside the sea,
My spirit pants for thee Oh Living word.

Far Away the noise of strife on my ear is falling
None of these shall move me from Beulah Land.

I'm living on the mountain, underneath a cloud-less sky,
Praise God!

I'm drinking at the fountain that never shall run dry,

O yes! I'm feasting on the MANNA
From a bountiful supply
For I am dwelling in Beulah Land.

the last second of life upon this earth, to transact the most important business in the world. Settling your account with God. Of course, you know that it is not fair. No doubt, there are some that have a deathbed repentance. And God may give a man a chance on his deathbed. But if that man had never been warned, and never heard of the plan of salvation. But here are people who deliberately reject Christ and continue in their sins.

There is little hope that that man can find peace in the last hours. The Bible warns that the day will come when a person will seek him, but will not be able to find him. They will call on him, but he will not hear.

A third thing to notice is, that this sin is (a mark of selfishness.) That is why you are guilty of gluttony. From one end of the Bible to the other - when a man goes to the table and he shows no self-restraint, no self-discipline, we may eat our way - not only to the grave - but to Hell and destruction.

Now, I don't want you to miss it. Gluttony is not the only sin, of over-eating. It can be the sin of drinking and of staying up all hours of the night for pleasures and amusements. For losing needless sleep in order to satisfy your ambition of greed and lust.

Gluttony can be indulged in by married couples. Who have not used self-restraint and temperance in their relationship to each other. We have over-indulged, and as a result - their bodies as well as their minds and souls suffer.

X

The Bible says, you ought to be temperate in all of the God-given privileges. Hence, here is a sin of selfishness. And it will be judged as every other deadly sin. Amos 6:4 "Whoe unto them which lie upon beds of ivory and stretch themselves upon their couches and eat the lambs out of the flock and the calves out of the midst of the stall, and drink wine in bowls, and anoint themselves with the cheap ointments."

They tell us at least 3/5 of the world lives in misery and hunger. We have been the privileged few - and there are others who are exploited or ignored, in the under privileged millions of the world.

Some months ago we received an offering for hunger to help feed some of the hungry people in the world. Our offering did not measure up to a great deal - but we had one or two members in our congregation that I would commend. And I would commend them by name today but they would not want me to do so - who had a vital part, in that offering. Our selfishness, at last, is going to catch up to us. And unless we begin to share with these army of starving humanity - God will judge us. And unless Christians can get rid of their selfishness - there are starving people in this world while we are guilty of selfishness and gluttony.

Even in this prosperity it shocks us that there is this greed on every hand. Who knows but what God has permitted this prosperity to come our way to share with the needy, of the world. I John 3:17, "Who so hath this world's good, and seeth his brother hath need, and shuteth up his bowels of compassion from him, how dwealth the love of God in him."

We are not only to witness for Christ with our lips and our hands, and food for