

A Visit to Rick Warren's Health Seminar – The Unfolding of a Global New Age Plan

“Saturday Jan. 15th, 2011 will go down in the history books as the day Saddleback Church was sold a bill of goods. The masses had come out in droves for answers to their weight loss difficulties & health problems, but unbeknownst to them, they were being given a prescription for restructuring society & population control . . . ‘Saddleback community’ would be an example of “sustainable living” and would set the course to “change this world” ... and the crowd went wild!”

**by Jennifer Pekich
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Ponderings from Patmos**

I first arrived to Saddleback's campus only to be told that “all parking lots were full.” I drove across the street to see if there were any spots available in the business lots, and they were full too. I ended up parking in a housing tract and walked a mile or two back to Saddleback's campus. As I arrived, I overheard a parking lot attendant say they estimated about 6,000 people had come to the seminar.

I was a little late, so I was grateful to my nephew who went online and began to relay what was being said in the opening comments, as I didn't want to miss what was to be the foundation of the talks that day. I was a little taken aback when my nephew told me the first speaker, Dr. Amen, made reference to the Egyptian pyramids and how they were built upon an “idea,” and if man could build something like that all those thousands of years ago, what could he do today if he put his mind to it? I found that to be somewhat disturbing, as the pyramids, no matter how impressive they were, represent the ancient pagan religions which got their start in Babylon when Nimrod gathered men (the community) together to commit idolatry by building a tower to honor themselves as gods (Gen. Ch. 11). [1] And yet here it was, the analogy that was chosen to illustrate this new “idea” Saddleback would launch their 52 week program with. No matter what Dr. Amen's intent was, I

believe the analogy was appropriate, and the subtle message is telling..."MAN CAN DO ANYTHING HE PUTS HIS MIND TO." Sound familiar? (Read Gen. 3:4-5). [2]

As I began to head up the hill toward the main sanctuary, a Saddleback tram pulled up and the driver asked if I wanted a lift. I said I preferred to walk, but thanks. The driver yelled, "Let's all give her a hand folks, she's started the Daniel Plan already!" And the people on the tram cheered. Nevermind the fact that I have been walking my entire life because I enjoy doing so, not because of some health and fitness campaign. I sensed I was entering a nightmare.

The main sanctuary was full, & it was standing room only. They told me the overflow areas were full too. So I found a spot on the patio outside the main sanctuary looking in. I had a good view and could see the stage perfectly. Their outdoor sound system made it so I could roam around, observe the audience, continue to listen to the guest speakers, and take notes.

To begin, I'd like to state that Saturday Jan. 15th, 2011 will go down in the history books as the day Saddleback Church was sold a bill of goods. The masses had come out in droves for answers to their weight loss difficulties & health problems, but unbeknownst to them, they were being given a prescription for restructuring society & population control.

The prescription goes by the name Agenda 21, a.k.a. "Sustainable Development" or "Smart Growth." Agenda 21 is a published document put out by the United Nations with the intent to put limits on population and to restructure nation-states into a global society. [3] Rick Warren's "new friends" had dubbed it, "The Daniel Plan - God's Prescription For Your Health." A more appropriate title would've been, "Sustainable Living - Destroying Inalienable Rights, One Community at a Time."

By the time I settled into listening more intently, the second speaker, Mark Hyman, began. It didn't take too long to figure out what the basis of his message was: We "need to heal with

community” (he termed this “accompaniment”), “we’re here for the sake of each other,” this plan “is our way out,” this plan “saved me,” and in fact will “change the world.”

Saddleback was being told they were a “test community” to show the world how to live “healthy and sustainably.” When I heard these words, my heart sank. It was as I’d feared. I knew which buzzwords to listen for, and he was hitting them all. The audience was told they would be champions in health to show the world what “living sustainably” was all about, but Dr. Hyman is a leftist who is more than a champion in health, he’s a change agent for the global elite, as is Dr. Oz & Dr. Amen. Dr. Hyman is the founder and medical director of the Ultra Wellness Center, he advises Dr. Oz’s healthcare group, and he’s a nominee to President Obama’s advisory group on prevention, health promotion, and integrative and public health. [4] Hmmmmmm. I smell an agenda.

Dr. Hyman practices what’s known as “functional medicine,” which means he uses a “whole systems” approach to medicine; in other words, he practices medicine “wholistically,” This is also known as “Mind Body” medicine. At Saddleback’s seminar, “mind body” or “functional” medicine was presented as if it’s completely scientific. Any scientist worth his salt will tell you that yes, the body can be measured scientifically, but the mind falls into an entirely different category which can never be measured by science. As stated by Dave Hunt in his book Occult Invasion – The Subtle Seduction of the World and Church, “Physical science, by very definition, can make no judgments concerning a nonphysical realm” as is the mind & the soul. [5] In other words, the mind and the soul are scientifically immeasurable.

It’s the same with the religions of “Mind Science.” Calling a religion “Mind Science” or “Scientology,” when there’s nothing scientific about it, is the same as calling a cereal “Grapenuts” when it contains no grapes or nuts. But we live in an era when the masses have been sufficiently dumbed down, and all it takes to impress is clever packaging and branding. If “they” say it’s science, then dog-gone-it, it’s science! After all, “these doctors are on television.”

As I sat through all 3 presentations by Dr.'s Hyman, Amen, & Oz, what came to mind were the traveling salesmen of the 1800s. They talk fast, so fast that the message that's really being given, goes right over people's heads. They used tactics to tug at the heart strings such as videos of sick little girls who suddenly got well from being on "the program" and have been "set free" from relying on medications. Then they flooded the audience with "facts" and "statistics" to scare any grandmother, such as "a tsunami of disease is hitting us," "life expectancy is going down," "1 out of 2 people are diabetic or pre-diabetic," "70% of all agricultural land is taken up by growing animals to feed all the people," "the bigger your body gets, the more your brain shrinks," etc.

I about fell off my chair when Dr. Hyman stated, "The key to the success of the "Daniel Plan" is "group living" ... "individuals" will not succeed, our only hope lies in "community." [LT Note: This is exactly what the emerging church is teaching.] And with that, it was announced that the "Saddleback community" would be an example of "sustainable living" and would set the course to "change this world" ... and the crowd went wild! [LT Note: Remember, when we reported how Rick Warren talked glowingly about a critical mass needed to change our world?]

Dr. Hyman said that he is a Jew, Dr. Amen said he is a Christian, and Dr. Oz said he is a Muslim. And doesn't that represent the demographic of "most of the population of the world"? But then he said, "we're all the same underneath." True to his salesman fashion, Dr. Hyman didn't define his terms. What in the world does he mean "we're all the same underneath"? That can mean a number of things. Since he was speaking to a religious crowd, I'd venture to say some of the folks present took that to mean we're all children of God (Jews, Muslims, Christians, Hindus, Buddhists, etc.), which is patently false according to the Bible. The Bible says there are only two groups, children of wrath and children of God. You're either one or the other, a believer in Christ Jesus, or a non-believer. We aren't "all the same underneath." (Ephesians Ch. 2). [6]

The only way in which we're "all the same underneath" is we're all sinners in need of a Savior; and the Savior isn't "sustainable living."

[LT Note: Remember, the New Age says the era of the single savior is OVER!] The Savior is Jesus Christ, and He is the only way unto salvation (John 14:6). [7] And to become a child of God, Jesus said, "You must be born again" (John Ch. 3). [8] The tragic thing about this day at Saddleback is, Jesus was never mentioned ... and I mean NEVER. There were a few passing references to God; Daniel Amen mentioned that our bodies were "a temple of the Holy Spirit and the brain is the inner sanctum" [Amen means that all humans are the temple of the Holy Spirit], but Jesus never made the cut - "sustainable lifestyles" and "group living" did.

Following Dr. Hyman's talk, my best friend arrived to observe the day with me, only to hear Dr. Amen mention in his presentation that he did a brain scan on one of his clients who had a habit of cheating on his wife. The brain scan showed that there were "holes in the pre-frontal cortex of his brain" which controls the impulses. In other words, this man wasn't sinful, he was "mentally ill." All he needed was to get on the "Change Your Brain, Change Your Body" program, and his personal struggles with sin were remedied. Once again, Jesus was removed from the equation. My friend and I were dumbfounded when we listened to the Saddleback crowd cheer. My best friend couldn't contain it any longer and let out a, "You've got to be kidding me." My thoughts exactly!

Dr. Hyman recommended Yoga and meditation to the crowd. Dr. Amen gave a diplomatic denunciation of Yoga (which is contradictory since he has recommended it himself), but about 5 sentences later mentioned a study done by a friend of his named Andy Newberg who did brain scans on Tibetan nuns and Franciscan priests while in "prayer and contemplation" and the study showed that "spiritual connection" is healthy. Dr. Amen has been an advocate of "Sa Ta Na Ma" meditation. [9]

If by chance any attendees of the Saddleback "Health and Fitness Seminar" read this blog post, I encourage you to educate yourself about what globalism truly is. You also need to research Agenda 21. As stated earlier, the purpose of Agenda 21 is to restructure society. Sounds conspiratorial, I know. But it isn't a conspiracy; it's a published document of the United Nations that's in full swing.

Anywhere you hear the terms, “Sustainable Development,” “sustainable living,” “smart growth,” “going green,” etc., rest assured you’ve just been exposed to the U.N.’s Agenda 21. [10]

It shouldn’t surprise us that Rick Warren would allow a seminar of this nature at Saddleback; after all, he himself has “GONE GREEN.” [11] He is also a member of the Council on Foreign Relations. [12] This illustrates the natural progression of one being unequally yoked with non-believers & buying into heresies such as “Kingdom Now,” “Dominionism,” or “Restoration Theology.” Where these heresies reign, as they do at Saddleback, you will find that the focus subtly shifts from salvation in Christ alone, through faith alone, to misguided efforts to restore mankind & the earth through “community” works, sustainable living, and social justice. How convenient that these just happen to be the vehicles which the United Nations is using to further it’s own agenda to restructure society & unite the world under its governing body of global elites.

TRUE TRUTH:

2 Timothy 4:3-4

For the time will come when they will not endure sound doctrine; but after their own lusts shall they heap to themselves teachers, having itching ears; And they shall turn away their ears from the truth, and shall be turned unto fables.

(I found it to be slightly humorous that, on page 9 of the booklet which Saddleback passed out to attendees, the symptom of “itchy ears” was listed in the “Medical Symptom/Toxicity Questionnaire” ...oh, the irony!) (source: Ponderings from Patmos)

Jennifer Pekich is included in Warren B. Smith’s book, A “Wonderful” Deception in chapter 12, “Fractals, Chaos Theory, Quantum Spirituality, and The Shack.” It was Jennifer who alerted Warren to the Fractal Theory in the best-selling book, The Shack. If you haven’t read Warren’s cutting edge, one of a kind book, we highly recommend you do, especially if you have know anyone that thinks Purpose Driven or The Shack are ok.

Lighthouse Trails Comment: We encourage Christian leaders and pastors, such as Chuck Smith of Calvary Chapel who in front of

thousands of people allowed Rick Warren to give the opening prayer of Greg Laurie's Harvest Crusade and called him his "good friend," to publicly speak up in this matter. Thus far, Christian leaders are remaining utterly silent about Rick Warren's New Age health fair done in the name of Christianity. The silence of Christian leaders is deafening.

Endnotes:

1. Genesis 11:4 – "Then they said, 'Come, let us build ourselves a city, with a tower that reaches to the heavens, so that we may make a name for ourselves and not be scattered over the face of the whole earth.'"
2. Genesis 3:4-5 – "You will not surely die," the serpent said to the woman. "For God knows that when you eat of it your eyes will be opened, and you will be like God, knowing good and evil."
3. Agenda 21 – <http://www.un.org/esa/dsd/agenda21>
4. Mark Hyman's presentation at "Authors @ Google" titled, The UltraMind Solution: Healthy Body, Powerful Mind. <http://www.youtube.com/watch?v=zAZVpsd2Nao>
5. Occult Invasion – The Subtle Seduction of the World and the Church, Dave Hunt, Harvest House Publishers 1998, pg. 61
6. Ephesians Ch. 2:1-5 – And you hath he quickened, who were dead in trespasses and sins;
Wherein in time past ye walked according to the course of this world, according to the prince of the power of the air, the spirit that now worketh in the children of disobedience: Among whom also we all had our conversation in times past in the lusts of our flesh, fulfilling the desires of the flesh and of the mind; and were by nature the children of wrath, even as others. But God, who is rich in mercy, for his great love wherewith he loved us,
Even when we were dead in sins, hath quickened us together with Christ, (by grace ye are saved;)
7. John 14:6 – Jesus saith unto him, I am the way, the truth, and the life: no man cometh unto the Father, but by me.
8. John 3:3 – Jesus answered and said unto him, Verily, verily, I say unto thee, Except a man be born again, he cannot see the kingdom of God.
9. Dr. Amen recommends "Sa Ta Na Ma" meditation a form of Kirtin Kriya yoga. <http://richardeward.com/kirtin-kriya-sa-ta-na-ma-meditation/>

10. Agenda 21 – The U.N. Plan for Your Sustainable Community
http://www.crossroad.to/text/articles/la21_198.html

11. A Greener Spirit: Evangelicals Embrace “Creation Care”
http://environment.change.org/blog/view/a_greener_spirit_evangelicals_embrace_creation_care

12. Council on Foreign Relations Membership Roster
<http://www.cfr.org/about/membership/roster.html?letter=W>